

## **Mattituck Fall Sports Practice Schedule:**

### ***JV and Varsity Girls Soccer (Location: Cutchogue West, 385 Depot Lane Cutchogue)***

**1st WEEK: 8/21 THROUGH 8/27/23**

**Monday August 21 through Thursday August 24 will be double sessions.**

Morning session will be from 7:30 to 10:00am

Evening session will be from 5:15 to 7:15pm

**Friday 8/25 and Saturday 8/26** will be from 7:30 to 10:00am.

Sunday 8/27 - NO practice

**2nd WEEK: 8/28 THROUGH 9/3/23**

Monday 8/28 -- NL contest home (Mattituck) 8:00am.

Tuesday 8/29 -- Practice 7:30 to 10:00am at CW.

Wednesday 8/30 -- Scrimmage at Bellport, 7:30am. Need a bus.

Thursday 8/31 -- Practice 7:30 to 10:00am at CW.

Friday 9/1 -- Practice 7:30 to 10:00am at CW.

Saturday 9/2 -- NL contest home (Southold turf) 10:00am

Sunday 9/3 -- No Practice.

### ***JV and Varsity Football (Location: Greenport High School, Shuttle is Scheduled to leave Mattituck 45 minutes prior to practice and return to Mattituck 45 minutes after the end of practice)***

8/21- 8/25 Mon-Fri 7:30am-10am and then again 5pm-7pm (two a days).

Saturday 8/26 Practice will be 7:30am-10am.

Monday 8/28 and Tuesday 8/29 7:30am-10am

Wednesday 8/30 and Thursday 8/31 3pm-5pm

Friday 9/1 7:30am-10am (game scrimmage with Smithtown East, may change a little still working with Smithtown east coach)

Saturday 9/2 7:30am-10am

Monday 9/4 (Labor Day) 7:30am-10am

### ***JV and Varsity Volleyball (Location: Mattituck High School)***

8/21-8/26 (M-Sat) 8-10 AM Practice

8/27 (Sunday) OFF

8/28 (M) 8-10 AM Practice

8/29 (T) Scrimmage Home vs SWR 9AM (JV & Varsity Closed to public)

8/30 (W) 8-10 AM Practice

8/31 (TH) **JV & Varsity Game** away @ Pierson JV @ 10 Varsity @ 11

9/1 (F) 8-10 AM Practice

9/2 (SAT) 8:30 Varsity Scrimmage @ Riverhead (Closed to Public)

9/2 (SAT) JV practice 8-10 AM

9/3 (Sun) OFF

9/4 (M) Practice 8-10AM

9/5 (T) **NL @ Miller Place** JV @ 4 Varsity @ 5:30

9/6 (W) **Home Game vs GP** Varsity 4 JV 6:15

9/7 (TH) Practice 2:50-4:30

9/8 (F) **Home vs Babylon** Varsity @ 5 JV @ 6:30

***JV and Varsity Girls Tennis (Location: Mattituck High School)***

8/21- 8/25 Mon-Fri 8:30am-10am

***JV and Varsity Boys Soccer (Location: Mattituck High School)***

8/21-8/23 8am-10am and 530pm-730pm (Double Sessions)

\*\*\*8/22 Mandatory parent Meeting on the field 730pm\*\*\*

8/24-8/26 8am-10am

8/28 NL Games @ Center Moriches

Varsity 6:45pm

JV 5pm

8/29 8am-10am

8/30 Varsity Scrimmage @ Riverhead 10am

JV NL @ Eastport South Manor 10am

8/31 8am-10am

***JV and Varsity Field Hockey (Location: Greenport High School,  
Shuttle is Scheduled to leave Mattituck 45 minutes prior to practice  
and return to Mattituck 45 minutes after the end of practice)***

8/21- 8/25 Mon-Fri 7:30am-10am

***Varsity Boys and Girls Cross Country (Location: Mattituck High School)***

8/21- 8/25 Mon-Fri 8:30am-10am

***JV and Varsity Golf***

9/6 Varsity Only 3-5 (Location: Laurel Links Country Club)

9/5 JV Only 3-5 (Location: Cedars Golf Course)